

# 1/2 DAY OR FULL DAY RAFTING PACK LIST

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## OVERVIEW

All guests are provided a small personal dry bag for use on the boat, ideal for items such as sunscreen, phones, and small personal belongings. Space is limited, so please bring only what you need for the day.

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## RIVER CULTURE


Even in a single day, the river has a way of slowing things down. Between the whitewater, swimming, and time on the beach, there's space to relax, connect, and enjoy the moment.

Bring your curiosity, a good attitude, and a willingness to go with the flow—this is your introduction to real river time.

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## MRO PROVIDES

- Clean Type V PFD (Personal Floatation Device aka Life Jacket). Personal PFDs are not permitted.
- Professional river guides
- All rafting and safety equipment
- Small personal dry bag + communal dry bag per boat
- Water, soda & snacks
- Lunch (full-day trips only)
- Wetsuit & neoprene booties (when conditions require)
- First aid and safety equipment

 *We encourage guests to bring a refillable water bottle to reduce waste.*

## WHAT TO BRING

- T-shirt/Layers** - Quick-dry materials (like Under Armour or similar) are highly recommended. Cotton works on hot days, but if it's cooler or you get wet, cotton stays cold and can leave you feeling chilled.
- Swimwear** - Summer temperatures on the river typically range from 75° to 100°. You'll likely want to jump in, so wear something comfortable for swimming and being active.
- Sarong** - A perfect option for your instant transport into real river time. Useful as a cover-up from the afternoon sun and a great barrier from the warm sand when taking a break on the beach.
- Sunglasses** - Essential for protecting your eyes on the water. Be sure to bring a secure retainer (like Chums) so your favorite pair doesn't end up at the bottom of the river.
- Shoes** - Your feet will be wet most of the day. We recommend sandals or water shoes with a secure heel, such as Chacos or Texas, for everything from splashing through rapids to exploring beaches and settling into real river time. Secure footwear will make your day much more comfortable and enjoyable.
- Sun Protection** - The sun will be out! Protect your skin and the river environment with eco-friendly sunscreen.
- Sun Shirt** - Highly recommended to keep the rays off.
- Reusable Water Bottle** - Please bring a refillable water bottle with a clip or carabiner so it can be secured to the boat. We care about our impact from source to sea.
- Hats** - A baseball cap or wide-brim hat is highly recommended for sun protection during long days on the river.
- Chums | sunglass retainers (Optional)** - Help keep your glasses secure on the water.



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- Camera / Phone** (Optional) – You'll want to capture your adventure. Keep your device in your dry bag while on the raft. A waterproof case (or even a zip-lock bag) is recommended for added protection. Expensive camera equipment should be stored in a waterproof hard case.

*Many of these items are available for purchase at MRO Headquarters.*

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## GRATUITY

Our guides are a big part of what makes each trip special, working hard to create a safe, seamless, and memorable experience on and off the river. While gratuity is not required, it is always at your discretion and a meaningful way to show appreciation.

As a general guideline, many guests choose to tip in the 10–25% range of the trip cost, depending on their experience and comfort level. Tips may be given directly to individual guides or combined and given to the trip leader, who will ensure it is shared with the entire crew.

Guides accept cash, Venmo, or checks made out

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## AVAILABLE AT MRO HEADQUARTERS

- Fishing licenses & tackle
  - Beer & wine (cans only)
  - Sunglasses & Chums
  - Water shoes (Chacos, Tevas, etc.)
  - Nalgene water bottles
  - Hats, shirts & souvenirs
  - Sunscreen & lip balm
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## ADDITIONAL BEVERAGES

We provide water, soda, and snacks on all trips, with lunch included on full-day trips. If you would like to bring additional beverages, you are welcome to do so.

Cans are preferred on the river. If bringing wine or spirits, please transfer them into plastic or travel-safe containers prior to your trip. Glass is not permitted on the rafts for safety and environmental reasons.

Coolers and ice are managed by our guides. Please bring only what you need for the day.

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## UNPLUG & CONNECT

Cell service may be limited while on the river. We encourage you to take this time to unplug, be present, and enjoy the experience.

Our guides are equipped with communication systems to stay in contact with headquarters if needed. If you have any specific needs or concerns, feel free to connect with your trip leader or booking river specialist ahead of time.

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## FINAL NOTES

**RIVER TIME** - Bring your sense of adventure, your smiles, and an open mind. The river will take it from there—welcome to real river time.



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